



Creativity Resources

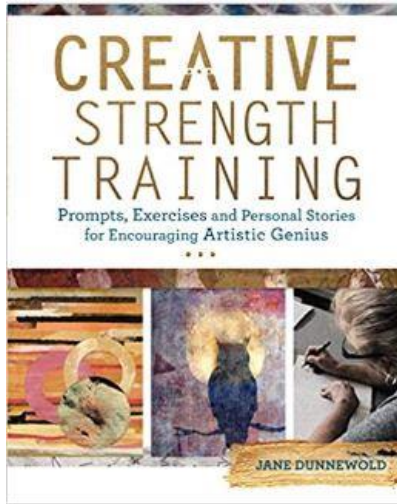
Some of these books are on my shelf. Some I've only just found. I hope they inspire you!

****Disclaimer**** If you use the links to Amazon, I will receive a small commission. However, the recommendations were not paid for. The recommendations are entirely my own.

1. [Creative Strength Training by Jane Dunnewold](#)

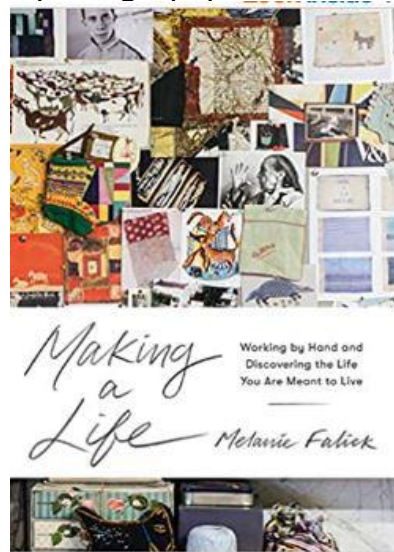
This is a book that is directed at all kinds of artists.

Her work is in textile arts, so there are a lot of textile related photos in the book. She tackles topics such as "The Committee", obstacles, Using what you have and archetypes, There are exercises and then she shows you how some other artists completed those exercises



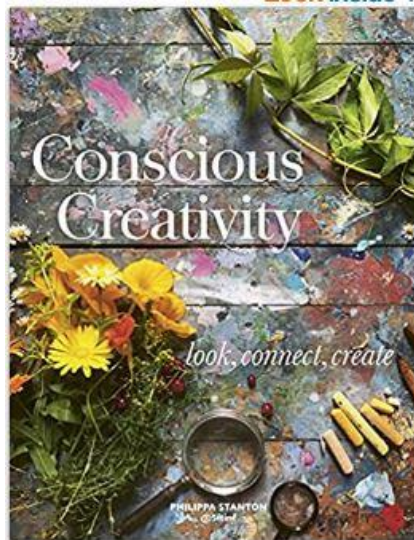
2. [Making a Life by Melanie Falick](#)

I've talked about this one in the podcast before. This book highlights many makers in many mediums. You get a bird's eye view into their work and at how their work relates to their lives or to how they live. There are great interviews and spectacular photography.



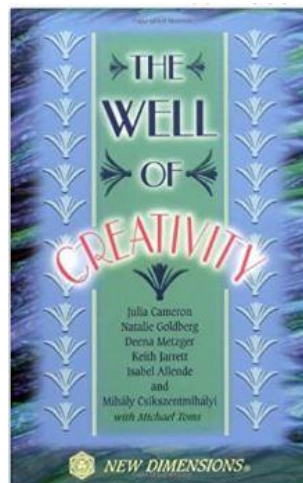
3. [Conscious Creativity by Philippa Stanton](#)

This book is chock full of exercises in observation and making connections and just being present in your life. I love the "What kind of an artist are you?" writing prompt at the beginning of the book. I love that she does want you to go out and observe and photograph and even do that observation in such mundane places as your kitchen while you look for shapes or colors and arrange them



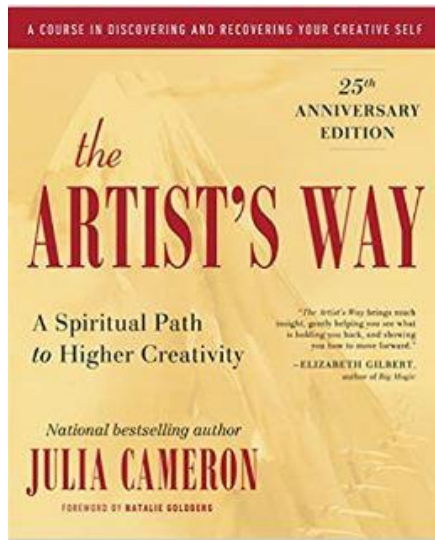
4. [The Well of Creativity by Julia Cameron and others](#)

Written by Julia Cameron and others This was originally a series of radio programs on New Dimensions Radio and was then transcribed into a book. This is one of the rare.... All talk books on my list. I love it because it contains 2 of my favorite authors: Julia Cameron and Natalie Goldberg. The interviews are very thought provoking and include topics about how to fit creativity and making into your life.



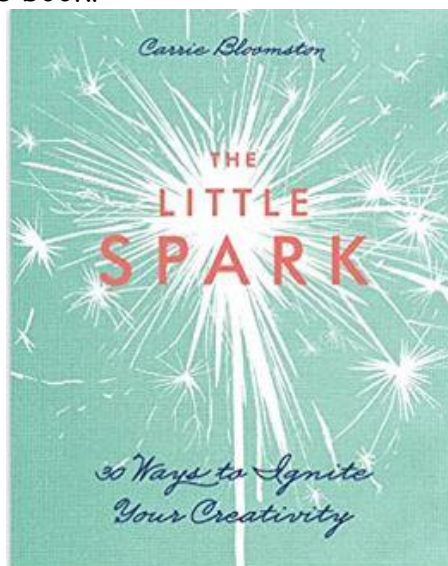
5. [The Artist's Way by Julia Cameron](#)

There are many sequels to this book as well. This book saved my life. It was part of unfolding creativity in my life as I moved forward out of a small cramped life. It is divided into 10 chapters. Each chapter takes a topic such as compassion, safety, abundance and integrity. This is where my practice of morning pages derived from and that forms the basis of my writing life.



6. [The Little Spark by Cassie Bloomston](#)

Again lots of exercises!! I love the ones on making a mess and going window shopping. Some of the exercises I'm giving you are from that book, It's fun to dip in and out of this book!



7. [The Creative Habit by Twyla Tharp](#)

I've only just started this book and I'm including it here because it comes from a different perspective.

